

## **CEMPaC International PE Survey**

1. Is there an agreed definition of patient empowerment at National or Regional level where you are? If so, what is it?
2. If the answer to Question One is "NO", How would you personally define Patient Empowerment?
3. Is there a National or Regional strategy for implementing patient empowerment measures (education, supporting self-management in chronic diseases etc.)? If so, please supply links to allow us to access these.
4. If local strategies do exist, can you point us to individuals who are leading these initiatives, so that we could engage with them to get their perspective on how implementation is progressing?
5. Looking at patient empowerment in its widest sense (as above, including such areas as promoting self-care and health literacy) can you give us some examples of work being carried out in your country/region to explore and or embed the culture of greater patient engagement/empowerment/activation?
6. If possible, please provide links to the material but also information about who we might contact to discuss this work and learn about facilitators or barriers discovered during these activities.
7. Would you like to stay in touch with CEMPaC (The Centre for Empowering Patients and Communities?) Sign up to our occasional news bulletins on patient and community empowerment by entering your details here and visit [cempac.org](http://cempac.org)