

A healthcare worker in full PPE (mask, gloves, gown) standing in a hospital hallway. The image is overlaid with a semi-transparent purple filter. The worker is looking to the right.

6 Core Principles To Help You Engage With Your Patients and See Them As a Resource

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cempac.org



Your diabetes patients spend more than 99% of their lives without their health professionals present, ie without you!

How can you harness the incredible power of your patients to enact positive change in their lives and even act as effective role models to support others with their health?

You know that people's needs are better met when they are involved in an equal and reciprocal relationship with you but don't quite know where to start.....

Working together, patient and professional, side by side is known as *co-production*. We are experts in this and our quick **6 core principle guide** will start you off on the journey towards seriously improving your patient's health.

- Danni Heath

Recognising people as assets

Building on people's capabilities

Promoting mutuality and reciprocity

Developing peer support networks

Breaking down barriers between professionals and users

Facilitating rather than delivering

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Want to find out more?

Our UK and European experts have over 20 years experience in supporting people like **you** to put your patients at the centre of their health and wellbeing journey.

We would love to support you to do that.

Our resources are all free

[Sign up for more FREE resources](#)